

Healing To Remember Truth

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If you are a member of this group, and read the messages posted, you most likely have read me saying that most humans are not yet ready for more truth and I know that is why Source is not making it possible for me to be able to function to be able to step another book of information down into a human language. I know that is also a result of my vibration rate that now keeps my attention focused up and out of human DNA most of the time. What does it mean that the majority of humans are not yet ready for more truth?

What is truth? Where is truth held? Truth is "thoughts" and thoughts are created and held within "mind". Humans might also say truth is knowledge, data or information. All such words actually mean thoughts. But, what does it mean that truth is thoughts held in mind and how do humans access those thoughts?

Mind is Source conscious mind. Source conscious mind is ALL that exists. What humans call space is Source mind. What humans call the universe is Source mind. What humans call air and atmosphere is Source mind. What humans call manifest creation, visible creation, matter, form, is pictures / images of thoughts.

Quantum Physics, "matter does not exist unless someone is looking". That statement is only half correct. Matter does not exist unless someone is "*thinking*". Of course science has yet to remember that the process of thinking is what creates what is seen to look at.

There has been a whole lot of thoughts offered through Ascension Whispers for all who read them to consider. If you have read them, how much have you memorized? Could you "teach" what you have read? Could you step all of that information (thoughts) down within yourself, within your own human language, and share it with other humans? When you can, you will have turned all of that information / data / thoughts back on within your personal human DNA.

Remembering the truth held within the mind of Source is simply a by-product of a much larger part of the healing process. However, I could not see that truth for myself either until Source turned it on within me for me to become aware of. That was in response to, why do I continue to remember if I am not supposed to continue to share what I remember with humanity? Below is what Source showed me.

You currently think of the healing you are experiencing as thoughts turning back on within you. You need to remember the truth of what is turning back on to allow you to turn back on those thoughts. It is not just about remembering thoughts. It is about reaching a high enough vibration rate to return to balance within mind. Increasing in vibration rate naturally turns back on the truth that is coded within ALL thoughts of Source.

ALL who birth as human forget the truth of self and creation as soon as they do because the tiny spark of conscious energy that must be stepped down in vibration and put into the thought code called human DNA is not enough energy to keep the truth turned on. That is what it means that there is part of human DNA that is not "coding" for anything (junk DNA).

Remembering the truth, regaining your memory while still expressing as human, is the result of increasing in vibration rate and the increasing of "internal sparking" sparking the dormant coding to turn it back on to awareness. Remember, the only difference between thoughts is the amount of energy turned on within them.

Even most humans who have reached a high enough vibration rate to allow them to become aware that there is truth within the thoughts offered through Ascension Whispers cannot keep that information / data ENERGY turned on within their self at this time. That is because it has not yet reached a critical mass of energy to simply run on auto pilot, as it now does within you. When it does, it will continue to loop and play through human DNA just as your human alphabet does, or anything you "learn / become aware of" does once it reaches a critical mass of energy within you.

You simply express as you do, as you are created to express. In doing so, you have always focused your energy upwards, even when experiencing (walking through) the experiences of your human DNA. Very few humans retain such an awareness or focus at this time, which is simply a result of vibration rate. That does not mean you are special, or unique. It just means you are but one who is playing a specific role that you birthed to play. A role of simply offering thoughts to consider.

As you have remembered, your true role is to simply BE LOVE. That is all that is really required. The rest will naturally take care of itself.

The higher energy of mind is all around you, all around ALL humans. Humans are ensconced within the higher energy of mind. As you know, the energy of mind steps down and back up in energy to create the illusion of space. Perhaps imagine a snowflake. That picture is held within the mind of Source which humans have created many names to try to define. It is "one thought" within a much larger picture, yet it is made of the "same energy" the entire picture is made of. What happens to the snow flake when more higher energy can flow "through it"? It melts and merges with the higher energy flowing through it, which is the energy of mind.

Humans are also "thoughts" but they hold the ability to hold a whole lot of energy turned on within them, much more than the thought of the snow flake can hold. What became human consciousness became trapped within a very low level of energy as a result of fragmentation and falling in vibration rate. Using the analogy of the "experience of hot and cold", as humans experience ice, it means that the consciousness expressing as

human could be considered as frozen, solid, dense ice. In that analogy, it means that higher energy cannot "flow through" the frozen denseness but instead it bounces off and circles around. The "denseness" of a thought is what creates the "shadow". The shadow is energy that cannot enter into the thought and circles around to reflect from the thought. "Natural Visible light does not create a shadow"! That is because the flows of energy are not blocked.

To the current awareness of humans, healing back into balance and expressing at a much higher vibration rate, would mean to "become invisible", but only invisible to humans who cannot yet see form with human vision in other layers of higher energy, which science also calls spectrums of radiation.

To be able to do so the flows of higher energy must be able to flow "into and through humans" and as you know very well that process is once again underway. It is the flows of higher energy flowing into and through humans that allows for the increase in internal sparking, which science calls brain waves.

As you know, a higher vibration rate creates "longer" brain waves which spark less often but hold a whole lot more energy within them. Keeping so called "brain cells" turned on to be able to receive the higher energy brain waves, and have them spark internally, requires the creation of new so called cells and cell connections. The brain will not create new cells and new cell connections unless they are needed. They become needed when higher flows of energy can flow into the human expression. The brain will then create the connections to translate the thoughts held within those higher flows of energy to the awareness of the individual expression.

When enough new connections can be created it then becomes possible for thoughts to reach a critical mass of energy, a critical mass of internal sparking, to keep them on (auto pilot) for the individual to retain awareness of (memorize). This internal process naturally turns back on dormant coding as the thoughts held within the higher energy brain waves are "coded to" the dormant coding. All humans are coded to hold the truth of self and creation. It is simply a matter of turning back on the dormant coding.

Most of humanity continues to only focus in the lower brain waves of humans and into human DNA, during their body awake cycles. They are so focused on the distorted coding in human DNA that that is all they can become aware of. When they shift up in vibration, during the body sleep cycle, they are so full of worries and fears that the entire sleep cycle is spent purging and repairing internal damage. How many hours in a daily cycle is the body sleep cycle?

Humans are working to raise a whole lot of distorted, fragmented consciousness back up in vibration and it is a non-stop process. First a high enough vibration rate must be reached to create new cells and new cells

connections and that cannot occur if they are not needed for the life experience. They will not be needed for the life experience as long as the focus of attention remains mostly into human DNA.

You must also become aware that it is not intended, or necessary, for ALL humans to remember the truth during the human life experience. It is really only about being an "anchor" and the higher flows of energy being able to flow through self and into the collective. There are more than enough anchors expressing as human to support the healing process.

It is all part of the truth that healing must be allowed and cannot be forced! All will heal in their own time and exactly as they should. All will play out however it will, and exactly as it should.

If you remember back to your morning in October 2012 it was stated that it was necessary to "keep hope alive" within humanity. Anchors play a role in keeping hope alive simply via anchoring the higher flows of energy.

How many times have you now shared the truth that the individual reality field occurs INSIDE of the individual brain? For those who can recognize that truth, that has also been proven by science, it does not compute within their brain. It does not even compute within the brains of the scientists who discovered the truth.

As the individual shifts back down in focus and out of that thought, they forget about the truth. They shift back down into the critical mass program of their human DNA and continue on playing the victim and blaming. They forget they hold the power to change their experiences simply by recoding their human DNA and they forget how to do so. They "believe" the critical mass program running through them but they do not yet believe the truth. New cells are not needed for the beliefs they have accepted as truth their entire human life.

As you know very well, it does not matter what humans choose to believe. The healing process of ascension is fully underway and cannot be stopped, regardless of any efforts put forth by humans to do so.

Now it is time for you to simply focus on Being Love and continue to be an anchor to allow the higher flows of energy to flow into the collective. As you do so, you will naturally continue to remember truth but that does not mean anyone you desire to share it with will be able to hear you as the energy you express will simply bounce off of them until they can receive it and translate unto their self.

You have also re-discovered that eventually it becomes impossible to step the higher energy thoughts down into a human language. Humans have not created words for what they cannot remember and that higher energy would not fit into any human language.

All is perfect! It always has been and always will be.